

Herbs for Health

TERM 1
2019

1 session workshop with Jennifer Locke

Herbs have great medicinal properties if you know how to use them correctly. Learn how to use a variety of herbs to alleviate many common family ailments including insomnia, coughs, sore throats, bad breath, PMT and much more.

Saturday 23rd February from 1:00 - 4:00 pm Cost: \$60 / \$51 con



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